

Facts About Minerals

Colloidal Minerals and Colloidal Soil

1/ Ninety nine percent of the American population is deficient in minerals. A marked deficiency in any important mineral will result in disease.

2/ The mammalian body is limited in its ability to chelate minerals from elements in nature. However, plants chelate minerals for us allowing proper absorption and assimilation at the cell level. Mineral efficiency is enhanced by covalent minerals as outlined on the Mineral Wheel by Dr. Paul Eck.

THE MINERAL WHEEL IN TEXT FORM:

Mineral:	Covalent to
Phosphorus	-Iron, Beryllium, Aluminum, Copper, Manganese, Molybdenum, Magnesium, Zinc.
Cobalt	-Iron and Iodine.
Nitrogen	-Molybdenum.
Iron	-Calcium, Copper, Manganese, Potassium, Magnesium, Zinc, Phosphorus, Cobalt
Selenium	-Sulfur, Arsenic.
Sodium	-Phosphorus, Lithium, Potassium.
Calcium	-Iron, Phosphorus, Chromium, Sulfur, Fluorine, Zinc, Magnesium, Copper, Manganese.
Silver	-Copper
Cadmium	-Copper.
Beryllium	-Phosphorus.
Aluminum	-Phosphorus, Fluorine.
Copper	-Cadmium, Silver, Calcium, Iron, Phosphorus, Sulfur, Zinc, Molybdenum.
Manganese	-Calcium, Iron, Phosphorus, Lithium.
Potassium	-Sodium, Iron, Magnesium.
Molybdenum	-Copper, Nitrogen, Phosphorus, Sulfur.
Iodine	-Cobalt, Fluorine, Arsenic.
Magnesium	-Potassium, Manganese, Calcium, Iron, Phosphorus.
Lithium	-Sodium.
Zinc	-Copper, Cadmium, Calcium, Iron, Phosphorus, Sulfur
Chlorine	-None
Arsenic	-Iodine, Selenium.
Fluorine	-Calcium, Aluminum, Iodine.
Sulfur	-Selenium, Calcium, Copper, Molybdenum, Zinc
Chromium	-Calcium.

3/ The body must have mineral supplies adequate to maintain osmotic equilibrium. This allows for normal bodily function and therefore health. The body will insure balance of minerals in the blood at all costs. The human body will readily cannibalize its self to maintain balance in the bloodstream.

ELEMENTS IN MAMMALIAN BLOOD, PLASMA and RED CELLS.

Element	Symb.	Mg 1-1 blood	mg1-1 plasma	mg1-1 red cells	atoms/red cell
Silver	Ag	0.024 G	0.004 G	(0.051)	23000
Aluminum	Al	0.32 G	0.44 G	(F0.16)	270000
Arsenic	As	0.49	0.040	(1.1)	700000
Gold	Au	0.00004	<0.0025 L	(0.00004?)	10
Boron	B	0.13 A	0.17	(0.077)	340000
Barium	Ba	0.069 G	0.079 E,G	(0.056)	19000
Beryllium	Be	<0.0001	<0.004 L	(<0.0001)	<500
Bismuth	Bi	<0.01	<0.0006 L	(<0.0006)	<150
Bromine	Br	4.6	3.9	(5.6)	3.3 x 10 ⁻⁶
Carbon	C	94200	40500	166000	6.6 x 10 ⁻¹¹
Calcium	Ca	62 G	99	6.3?H, I, J	7.5 x 10 ⁻⁶
Cadmium	Cd	0.0074 A	<0.09	(0.015)	6300
Cerium	Ce		<0.002 L	(<0.002?)	<700
Chlorine	Cl	2900	3950	1890	2.5 x 10 ⁻⁹
Cobalt	Co	0.00033	0.00038 K	0.00015	120
Chromium	Cr	0.026? A, O	0.024	0.020	18000
Cesium	Cs	0.0028	0.0031	(0.0028)	1000
Copper	Cu	1.07	1.12	0.98	730000
Dysprosium	Dy		<0.002 L	(<0.002?)	<600
Erbium	Er		<0.005 L	(<0.006?)	<1700
Europium	Eu		<0.004 L	(<0.004?)	<1200
Fluorine	F	0.36	0.28?	0.43?	1.1 x 10 ⁻⁶
Iron	Fe	475	1.14	1110	9.5 x 10 ⁻⁹
Gallium	Ga	0.00052	<0.006 L	(0.0005?)	340
Gadolinium	Gd		<0.002 L	(<0.002?)	<600
Germanium	Ge		<0.03 L	(<0.06)	<40000
Hydrogen	H	98000	106000	87000	4.1 x 10 ⁻¹²
Hafnium	Hf		<0.002 L	(<0.002?)	<500
Mercury	Hg	0.0065	0.0030	0.0067	1600
Holmium	Ho		<0.002 L	(<0.002?)	<600
Iodine	I	0.063 D	0.077	(0.044)	16000
Indium	In		<0.004 L	(<0.004?)	<1600
Iridium	Ir		<0.0025 L	(<0.0025?)	<600
Potassium	K	1690	170	3690	4.5 x 10 ⁻⁹
Lanthanum	La			<0.006 L	(<0.006?)
Lithium	Li		<0.005 E	(<0.005?)	<30000
Lutetium	Lu		<0.0006 L	(<0.0006?)	<160
Magnesium	Mg	41	22	61	1.2 x 10 ⁻⁸
Manganese	Mn	0.026	0.0029	0.022	19000
Molybdenum	Mo	0.0041 F		(<0.008)	<5000
Nitrogen	N	33000	12000	51000	1.7 x 10 ⁻¹¹
Sodium	Na	1990	3280	260	5.4 x 10 ⁻⁸
Niobium	Nb		<0.01 L	(<0.01?)	<5000

Neodymium	Nd		<0.002 L	(<0.002?)	<700
Nickel	Ni	0.038 A	0.042	0.049	40000
Oxygen	O	775000	848000	698000	2.1 x 10 ⁻¹²
Osmium	Os		<0.0025 L	(<0.0025?)	<500
Phosphorus	P	370	132	620	9.5 x 10 ⁻⁷
Lead	Pb	0.27	0.043	0.34	78000
Palladium	Pd		<0.01 L	(<0.01?)	<4500
Praseodymium	Pr		<0.05 L	(0.05?)	<17000
Platinum	Pt		<0.04 L	(<0.04?)	<10000
Radium	Ra		<2 x 10 ⁻¹³ ?)	(<2 x 10 ⁻¹³ ?)	<1
Rubidium	Ru	2.7?	1.2?	5.3?	3 x 10 ⁻⁶
Rhenium	Re		<0.002 L	(<0.002?)	,500
Rhodium	Rh		<0.004 L	(<0.004?)	<2000
Ruthenium	Ru		<0.004 L	(<0.004?)	<2000
Sulfur	S	2040	1220	3600	5.4 x 10 ⁻⁹
Antimony	Sb	0.0047	0.054? L	(0.005?)	2000
Scandium	Sc	0.075?	<0.03 L	(<0.14)	<150000
Selenium	Se	0.27 F, N	0.11	0.26?	160000
Silicon	Si	4.0	2.5 C, M	4.1?	7 x 10 ⁻⁶
Samarium	Sm		<0.002 L	(<0.002?)	<600
Tin	Sn	0.13	0.033?	0.25?	100000
Strontium	Sr	0.039? G	0.038? L	(0.040?)	22000
Tantalum	Ta		<0.006 L	(<0.006?)	<1500
Terbium	Tb		<0.0006 L	(<0.0006?)	<180
Tellurium	Te		<0.03 L	(<0.03?)	<11000
Thorium	Th		0.04?	(0.04?)	8000
Titanium	Ti	0.026	<0.04 L	(<0.056)	<55000
Thallium	Tl	<0.02	<0.0025 L	(<0.02)	<5000
Thulium	Tm		<0.0006 L	(<0.0006?)	<180
Uranium	U	0.00055 B	<0.001 L	(<0.0011?)	<220
Vanadium	V	0.017?	0.010? P	(0.026?)	25000
Tungsten	W	0.001		(<0.002)	<500
Yttrium	Y		<0.01 L	(<0.01?)	<5000
Ytterbium	Yb		<0.002 L	(<0.002?)	<600
Zinc	Zn	6.5	1.6	12.3	8.9 x 10 ⁻⁶
Zirconium	Zr		<0.006 L	(<0.006?)	<3000

Red cell concentrations were mostly calculated from blood and plasma concentrations, assuming that

1 liter of blood="572" ml plasma + 428 ml red cells; calculated values are enclosed in brackets.

Atoms/red cells were calculated assuming there are

1.26 x 10⁻¹³ red cells per l of packed cells; hence atoms/red cell="4.75" x 10⁻⁷ x m/A where there are m mg l⁻¹ red cells, and the atomic weight is A.

Most values are taken from the compilation by Bowen (1963) with the following additions:

A--	Imbus et al.,	1963	I-	Wallach et al.,	1962
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B--	Boirie et al.,	1962	J-	Hunter,	1960
C--	Aumonier & Quilichini,	1962	K-	Parr & Taylor,	1964
D--	Perkin & Lahey,	1940	L--	Wolstenholme,	1964
E--	Niedermayer et al.,	1962	M--	Ivanov & Rozenberg,	1962
F--	Brune et al.,	1964	N--	Bowen & Cawse,	1963
G--	Butt et al.,	1964	O--	Bowen,	1964
H--	Keitel et al.,	1955	P--	Gofmaa et al.,	1962

4/ All body processes depend on the action of minerals. All nutrients require minerals for processing and activity.

5/ Minerals are more important than vitamins. Vitamins are required for every biochemical activity of the body. Vitamins require minerals to enable their functions. Minerals catalyze and enable enzymes to function. Glandular hormone secretions are dependent upon mineral stimulation. pH of the tissue fluid is controlled by minerals. Pumping Action of the cell, allowing transfer of cell nutrients and waste, is controlled by minerals. One mineral deficiency is enough to disrupt the entire body balance. Mineral supplementation is critical to support body functions and maintain or develop health. These facts about minerals apply to plants, animals and man to differing degrees. In all forms of organic life minerals are essential.

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Foundations of Health:

Colloidal Soil & Minerals

Colloidal Soil & Colloidal Minerals: History

Over 100 Years of Knowledge and Increasing Understanding

Colloidal Soil & Minerals: Creation, Content, Effects.

At the Atomic Level- How they were made, What they are, What they do!

Colloids: What are they? Magazine Reprint from 1936!

Has this knowledge been suppressed for over 60 years?

Facts About Minerals

Their Importance to Human Life

Colloidal Soil & Colloidal Minerals: Recommended Reading

Up to date reading list for those with a thirst.

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History OF

Colloidal Soil & Colloidal Minerals:

Minerals in the soil control the metabolism of cells in plants, animal and man. All of life will be either healthy or unhealthy according to the fertility of the soil." from 'Man the Unknown', 1912, Dr. Alexis Carrel, Nobel Prize winner.

Even earlier, in 1894, Julius Hensel, in his work on the subject, 'Bread from Stones', poignantly remarked that "Our most optimistic expectations are no less than the realization of an old dream. What will fertilizing with rock dust accomplish? It will turn stones into bread...make barren regions (fruitful) (and) feed the hungry.

Our own government admitted the true state of affairs as early as 1936 in U.S. Senate Document #264. "Did you know that most of us today are suffering from certain dangerous diet deficiencies which cannot be remedied until the depleted soils from which our foods come are brought back into proper mineral balance? 99% of the American people are deficient in these minerals, a marked deficiency in any one of the more important minerals actually results in disease. Lacking vitamins, the system can make some use of minerals, but lacking minerals, vitamins are useless.

Does anyone wonder about the health of the nation? Does wellness come from a laboratory in the form of red and green pills? Can removing a diseased organ change the health of the whole being? Will radiation or chemotherapy provide the critical missing elements to living cells?

Sick soils make for sick plants, and sick plants when consumed make for sick animals and people." says Eric Curlee, 'American Survival Guide', June 96.

Because our soils are depleted of minerals so then all the foodstuffs grown on them are depleted also. When we eat depleted foods day after day, week after week, month after month and year after year, then we also develop depleted bodies with serious mineral deficiencies. These deficiencies cause starvation in our organs and tissues resulting in malfunctions and breakdowns called disease.

Absurd, ridiculous, heresy, paranoid say many "educated" men. Yet many others agree that "There is no doubt that malnutrition is the most important problem confronting mankind at the present time." says Dr. Melchior Dikkers, Professor of Biochemistry and Organic Chemistry at Loyola University.

Nearly all non-infectious diseases that plague mankind are of recent origin." from Dr. Joseph D. Weissman, Associate Professor at UCLA College of Medicine.

Possibly the man who says it best, is Dr. William A. Albrecht, Chairman of the Department of Soils at the University of Missouri,"A declining soil fertility, due to a lack of organic

material, major elements, and trace minerals, is responsible for poor crops and in turn for pathological conditions in animals fed deficient foods from such soils, and that mankind is no exception." Dr. Albrecht goes further to unequivocally lay the blame, "N P K formulas, as legislated and enforced by State Departments of Agriculture, mean malnutrition, attack by insects, bacteria and fungi, weed takeover, crop loss in dry weather, and general loss of mental acuity in the population, leading to degenerative metabolic disease and early death."

Incredible, pointed, damning indeed, but how true? Our world leaders concluded, in an obscure paragraph, in the Earth Summit Report of 1992 from Rio Brazil that mineral depletion from soils over the last 100 years equals "74% in Africa, 76% in Asia, 55% in Australia, 72% in Europe, 76% in South America and in North America? 85%." Those are the amounts depleted not the amounts remaining.

The following conditions are not just causes of sick plants they are symptoms of sick soil. Parasitic insects which crawl, climb or fly. Mold, fungi, virus or bacteria that prey on weak plants. Crowding out by hardier weeds. Crop failure due to radical weather or extreme temperature shifts. Even extinction of Bees, Birds and other beneficial Insects and Creatures.

So...say the organic farmers. Why are you telling me? I use lime to balance the pH, introduce ladybugs, earthworms and micro-organisms to re-establish life, provide organic matter for aeration and retention of moisture, treat my water with magnets and filters to aid assimilation, rotate my crops and let the earth rest in the seventh year, use hydrogen peroxide to increase available oxygen for the microbes, add "organic" nitrogen, potassium and phosphorus for lush green foliage. What else is there?

Well, I'm glad you asked. We know now that the human body, in fact all mammals, as well as plants, need minerals in their food supply to survive in health. We know that these minerals ultimately come from the soil. We know also that the soil has been depleted. Does organic compost, tillage of cover crops and addition of N P K provide the missing ingredients? Look at the facts. Over 100 years of Organic farming practices has failed to slow the onslaught of degenerative disease. In fact very few people live to be 90, most do not reach 79 and our venerable doctors usually do not even get to 58. However we know who does "live long and prosper" and we know what does provide the missing ingredients.

In the landmark, epic, work 'Rare Earths, Forbidden Cures' by Dr. Joel Wallach on page 213 we learn that "The serendipitous irrigation of their terraced fields with the common denominator of "Glacial Milk" from the mountains containing 60 or more minerals is the secret of the five cultures who live to 120 to 140 years of age. Their terraced land, their "Glacial Milk" and their organic agriculture are their whole life. Only they have been able to fulfil their genetic potentials for longevity, and, they have done it without the "blessings of high-tech medicine, vaccines, antibiotics, steroids or transplants."

I would go further to point out that they don't use pesticides, fungicides, insecticides or farm chemicals of any kind whether organic or synthetic.

We know, as Dr. Jerome Weisner, Science Counselor to John F. Kennedy, stated in 1963, that "Use of pesticides is more dangerous than atomic fallout."

His words are simply a deafening reverberation from those of Rachel Carson in her incisive

work of 1962, 'Silent Spring', where she says oh so loudly

"We are rightly appalled by the genetic effects of radiation...How then, could we be indifferent to the same effect from farm chemicals used freely in the environment."

Few people know that these clear thinkers were simply expounding on the writings of Amerigo Mosca, Italian Scientist and winner of the Science Prize at the Brussels World Fair in 1958. He tried to stop the fire, which is now burning out of control, when he warned us that . "The damage resulting from nuclear radiation is the same as the damage resulting from the use of toxic genetic chemicals. The use of fungicides of organic syntheses annually causes the same damage to present and future generations as atomic fallout from 14,500 atomic bombs of the Hiroshima type (approximately 29 X 14 megaton hydrogen bombs)." Sadly, Mr. Mosca's full report was classified for 50 years by the Italian Government.

"Every second approximately 30,000 particles of background radiation penetrate the average person's body." says Gary North, Ph.D., in Fighting Chance-Ten Feet to Survival.

"Cancer is now the leading cause of childhood death until the age 14 and kills one person approximately every minute. How much of this do you think is caused by radiation of the young and the unborn?" asks Lita Lee, Ph.D., from the Radiation Protection Manual, 1990.

"The human body must be protected from radioactive particles found in the air and contaminated food and water. A radioactive element is structurally similar to its non radioactive counterpart, differing only in the number of neutrons it contains. If you do not obtain sufficient amounts of calcium, potassium and other nutrients in your diet, the body will absorb the radioactive elements that are similar in structure to these nutrients

Calcium	radioactive strontium 90
Potassium	radioactive cesium 137
Potassium iodide	radioactive iodine 131

from 'Prescription for Nutritional Healing' by James Balch, M.D., and Phylis Balch, C.N.C."

Back to our question, and the answer, about the missing ingredients. "...the University of Vienna found that Schindeles product (rock dust) worked against radioactivity...Analysis under micro-polariscope revealed an alteration in the molecular and atomic lattice, which had an effect on ionized radioactive particles taken into the body." page 210, Secrets of the Soil by Peter Tompkins and Christopher Bird.

Yes, it is unbelievable but apparently true. Not only does rock dust alter the molecular structure of plants and thereby the mammals who consume such plants but actually has the capacity to defeat radioactive poisons in soil, plants, animals and man. Astounding! So what's the problem?

George Abermann, agronomist and engineer, puts it succinctly in Secrets of the Soil, page

209. "If, and when, the idea of using massive amounts of rock dust is adopted in official circles, it will be of no real importance whether it is ground from paragneiss, diabase, basalt, porphyry, or certain other rocks, because all of them produce rock dust that works in similar ways. The only problem is to get the rock dust adopted in official circles, and for that one needs a great push, most likely from on high."

From the Acid Rain destruction of the Balsams of the American Smokey Mountains, Sugar Maples of New England/Canada and the Black Forests of S.W. Germany we go to East Europe.

"Statistical facts on the Czech sylvan (pertaining to trees) disaster, by Dr. Wolf Ochslies, illustrated how dire conditions have become. Of all taxonomic (classifiable) groups of fauna, 60% of amphibians, 35% of mammals, and 30% of reptiles, birds and fish are currently threatened with extinction. Almost all partridges in the country have vanished, along with 80% of the hares and nearly half of the pheasants." Page 201, Secrets of the Soil.

Mr. George Abermann leave us this, "It's fantastic...by using rock dust there is no more need to plant young trees; thanks to its effects plenty of new ones are growing spontaneously from seed."

There are other equally startling developments in the study of rock dust. Developments that date back almost to the turn of the century and that are now being recognized for their magnitude.

With the discovery of Azomite (Montmorillonite clay) early in this century, in Northern Utah, by Rollin Anderson, a geological prospector, things began to get really interesting. Did you ever try eating dirt? Come on now, didn't everybody as a child? Well, how about as an adult? Don't worry, Rollin, your secret is safe with me! Rollin did put Azomite in the soil of his Garden. As detailed in Secrets of the Soil "the results were extremely positive and nearly immediate."

Rollins discovery was being paralleled at that time by T.J. Clark, a pioneering cattle rancher and dog breeder in Southern Utah. With the help of Soaring Eagle of the Paiute Indian tribe, T.J. unearthed the 'secret' of a 'fountain of health' that sprang from the ground. The 'secret' was Polyfloramin. Sometimes called humic shale, and marketed as Colloidal Soil, Polyfloramin has proven itself over the last century as producing results unheard of anywhere else. Some say actually restoring health in soil, plant, animal and man.

Polyfloramin/Colloidal Soil, is to rock dust what gold is to silver. The most basic mineral elements in Colloidal Soil/Polyfloramin are entirely organic in nature not at all metallic like rock dust. Because it is in the organic state, rather than elemental like rock dust, it is instantly available, and assimilable by plants and mammals. No, I am not suggesting that we eat the Colloidal Soil, but liquid solution passed through it and then consumed by plant, animal and man has been shown to be absorbed directly into the circulatory system. The minerals contained in Colloidal Soil become instantaneously available. Colloidal Soil applied directly to plants can begin to be assimilated within minutes after watering.

You can be sure that Plants provided with their proper food will indeed provide us with ours.

Dr. Wallach, in his book Rare Earths, tells us what is "Required daily, 60 essential elements, metals and minerals, 12 amino acids, 3 fatty acids, 16 vitamins." page 477.

The F D A tells us that we need their minimum recommended- mended daily allowance (RDA's). Who are you to believe?

Senator William Proxmire, in a 'Let's Live' article in 1974, stated his own, if not the governments, position quite clearly. "At best the RDA's are only a recommended allowance at antediluvian levels designed to prevent some terrible disease. At worst, they are based on conflicts of interest and self serving views of certain portions of the food industry. Almost never are they provided at levels for optimum health and nutrition."

The truth is out and once more the most humble of professions can be lifted to the level of importance and respect that it deserves. However this can only be if the farmer will take this truth and help it to grow into the magnificent source of life it once was.

No matter the condition, or level of degradation, of a plot of land if the prevailing conditions are addressed properly then there can be a complete restoration of vitality of plant, animal and human living from it. Herein lies our hope, that the keepers of the earth will choose life, and not death, this day while there is \still time to mend our ways.

Polyfloramin, Colloidal Soil, may well be the single most powerful tool we can choose to restore nutrition in plants and thereby effect health in animals and man.

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The CREATION, CONTENT & EFFECTS of Colloidal Soil & Colloidal Minerals CREATION of Colloidal Soil and Minerals: Colloidal Soil originated from plants some 75 million years ago, those lush tropical plants took up the 60 plus metallic minerals available to them from a fertile soil that had as many as 84 minerals. A volcanic eruption covered these mineral rich forests with a thin layer of mud and ash, thick enough to create an air-tight "vault" and dried or desiccated the plants into a deep accumulation. The entombed Colloidal Soil never fossilized or petrified, in other words they never become rocks. Colloidal Soil can be used as an excellent soil conditioner for organic gardens, farms and ranches as it supplies a rich source of humus and no less than 60 plant derived colloidal minerals. CONTENT of Colloidal Soil and Minerals: SPARK SOURCE MASS SPECTROGRAPHIC ANALYSIS OF COLLOIDAL SOIL Concentrations in PPM unless otherwise noted. Tantalum 0.6Lutetium0.05Ytterbium 0.2 Thulium0.02Erbium 0.1 Holmium 0.1Dysprosium 0.5Terbium0.1Gadolinium0.1Europium 0.1Samarium 0.8Neodymium 0.8Praseodymium0.4 Cerium 4.0Lanthanum 2.0Barium 0.3 Cesium0.1Iodine 0.1Tin0.03Cadmium 0.1Silver 0.2Molybdenum 0.04Niobium 0.02Zirconium 0.2Yttrium 4.0Strontium 14.0Rubidium0.8Bromine0.2Selenium 0.9Germanium 0.01Gallium 0.1Zinc47.0 Copper 2.0Nickel 30.0Cobalt 9.0Iron 43.0Manganese36.0Chromium 0.4Vanadium0.1Titanium 1.0Scandium 0.1Calcium 1gm/LPotassium 1gm/L Chlorine8.0Sulfur 1gm/LPhosphorus 12.0 Silicon 1gm/LMagnesium 1gm/LSodium 1gm/LFluorine 5.0 Boron 0.2 Beryllium0.1Lithium 10.0 Colloidal Soil is used to make the colloidal mineral supplement that contains 38 grams of plant derived colloidal minerals per liter. Content Analysis of T.J. Clark Formula ppm unless otherwise noted Aluminum 107.0Antimony 0.3 Arsenic <1 Barium 0.5Beryllium<0.1Bismuth<0.5Boron0.8mg/LBromineTraceCadmium<5Calcium 300Cerium<5Cesium<0.5ChlorineTraceChromium<0.3Cobalt<1Copper4Dysprosium<1Erbium<1Europium<1FluorineTraceGadolinium<0.5Gallium1Germanium <0.5Gold<0.1Hafnium<1Holmium<0.5Indium<0.5Iodine<0.5Iridium<1Iron1000Lanthanum<0.5Lead<0.8Lithium16Lutetium<0.1Magnesium 2000Manganese20Molybdenum<1Neodymium<10Nickel2Niobium<1Osmium<1Palladium<0.5Phosphorus<30Platinum<0.5Potassium4Praseodymium<10Rhenium<0.5Rhodium<0.5Rubidium4Ruthenium<0.5Samarium<1Scandium<1Selenium<0.2 Silicon60Silver<0.1Sodium300Strontium4SulfurTraceTantalumTraceTellurium<5Terbium<1Thallium<5Thorium<5Thulium<0.5Tin<0.3Titanium<0.1Tungsten<5Vanadium<0.5Ytterbium<0.1Yttrium<0.1Zinc<8Zirconium<1 It takes about 78 pounds of Colloidal Soil to reach the concentration of 38 grams of colloidal minerals per liter; this represents approximately 1034 pounds of fresh, lush, green, mineral rich prehistoric plants. The fluid minerals extract of high grade Colloidal Soil contains no less than 60 plant derived colloidal minerals and is 98% assimilable for animals and humans. EFFECT of Colloidal Soil and Minerals: BIO-ELECTRONIC TEST done by Dr. Fritz-Albert Popp, well known Biophysicist and professor at the Kaiserlautern University in Germany. (Transcript of letter from Dr. Gottfried Lange of Elmshorn, Germany, dated January 18, 1992, describing the protocol used in the test done on the product, T.J.Clark Mineral Formula. All living organisms emit certain electromagnetic waves. If they are in a healthy condition, they emit more. If not, they emit less. This phenomena is common to all forms of cells. This electromagnetic emission is called biophotons. In these tests "acetabularia Mediterranean", a certain very sensitive algae from the Mediterranean Sea is used. This algae is so sensitive to ecological influences that there are scarcely any of these algae left in the Mediterranean. The test, using this form of algae, is a scientifically recognized method of determining whether or not a substance is toxic, or to what degree a substance is beneficial to cells. The test was carried out by one of the world's leading biophysicists, Dr. Fritz-Albert Popp. The letter from Dr. Popp announcing the results of the test, congratulates Dr. Lange on the excellence of the product. A summary of the results is shown in the accompanying graph and explained below. 1) The first two bars of the graph show the photon emission of the cells which had an optimum vitamin nutrient solution, called "100% V*", given to them. The green bar measures the photon emission at the start of the test. The following yellow bar shows the photon emission after a period of three days without additional nutrients given to them. 2) The second set of two bars show the photon emission of cells given only a 10% V nutrient, and after the three day period, are termed as cells "under great stress", and without further nutrients would die. 3) The third set of two bars were again only given the 10% V solution, but a 1.4ul**(micro liter) amount of the T.J. Clark Minerals was added to the solution. A significant improvement is shown, even though there was only a 10% V nutrient given. 4) In the fourth set of two bars, again only a 10% V solution was added and the amount of Clark's minerals was reduced to only .14ul. The improvement was even greater, showing that vitamin utilization is greatly enhanced with only small amounts of the product. 5)The vitamin withdrawal is fully compensated for after the three day period. This was considered a very significant result, and corresponds with the many testimonies that have been observed with users of the product over the last 70 years. Expected Effect of Colloidal Soil & Colloidal Minerals on Plants Reduces overall plant stress.Assistance in root and shoot developmentComplexes and chelates metals and minerals. Oxygen metabolism stimulated. RNA, DNA support. Enhanced seed germination and growth.Protein metabolism increases. Increased resistance to harmful fungi and virusesCell membrane permeability enhanced. Nutrient uptake enhanced.Aids in synthesis of chlorophyll. Shortened growth cycleGrowth and yield increases. Improves catalysis of respirationCapacity to buffer ph. Enzyme activity increases.Helps decomposition. Cell Division and elongation enhanced.Scavenge and convert heavy metals. More drought toleranceDelays precipitation of trace minerals. Assists denitrification by microbes.Accumulates sugars thereby reducing wilting.Aids synthesis of new minerals.Assist creation of new fertile soil.Detoxify pollutants. Prolongs retention of minerals.Improves iron chelation. . . . Some Symptoms of Mineral Deficiencies in Plants NITROGEN- Plants develop small, pale-yellow leaves, sometimes with brown edges. Growth is stunted. In bad cases, the plant looks really puny. Nitrogen is a "mobile" element. Symptoms start on older (lower) leaves because plants transfer nitrogen to new, actively growing leaves. PHOSPHORUS- Deficient plants are stunted. Foliage can turn deep green, often with a purplish cast, although cold weather can also bring on a purple color. Symptoms appear first on older leaves, which eventually turn brown and die. Leaves drop early. Flowering may stop. POTASSIUM- Symptoms affect mainly older leaves, which turn yellow from the margin inward and develop dead spots. Leaves may curl under, look scorched. Stems weaken, fruit shrivels and roots may rot. IRON- Leaves turn yellow between veins and may die from the edges inward. Otherwise, don't expect to see leaf spots. Youngest leaves show symptoms first. As deficiency worsens, symptoms spread to veins, to entire leaves, then plants die. SULFUR- Entire plant, including leaf veins, turns yellow. May show up on youngest leaves first. Veins usually lighter colored. Dead spots may develop. Plants are stunted, or their stems may be thin and stretched as though reaching for light. MAGNESIUM- Oldest leaves show symptoms first. Areas between leaf veins turn yellow while veins stay green. Yellowed areas can die suddenly. White spots may appear, or leaves become thin, brittle, puckered or turn bronze or purplish. MANGANESE- Youngest leaves turn yellow between the veins. The smallest veins stay green. Creating a checkerboard effect. Gray or tan spots develop in the yellow areas. Manganese is one of the micronutrients. CALCIUM- Deficiencies first appear in actively growing parts of plants: youngest leaves and tips of stems and roots. Leaves twist, look deformed, often with an upward "hook". Seedlings, young plants and roots die. Fruit gets blossom end-rot. Back to Foundations of Health

COLLOIDALS: WHAT ARE THEY?

Colloidal Minerals

COLLOIDS: WHAT ARE THEY?

Chemistry's Miraculous Colloids

Condensed from the Rockefeller Center Weekly Oct. 31, 1935

Reprinted from Readers Digest Magazine 1936

by **KENNETH ANDREWS**

A group of executives sat tense and silent in an office in the RCA Building in New York City. They stared with incredulous eyes at a purple orchid. A short time before it had been rescued from a pile of debris, a withered, yellowed thing, dead. Now the petals were fresh and crisp, its colors vivid. It was blooming with new life, and it would continue to do so for 16 or 17 days!

Dr. Frederick S. Macy, one of the country's outstanding bacteriologists, had added a teaspoonful of an amber-tinted liquid to the quart of water in the bottle which held the flower. Here was striking indication of the mysteries that lie ahead in that comparatively unexplored realm of science known as colloidal chemistry. It was one of innumerable experiments these gentleman had been witnessing for a year or more, on behalf of their internationally known pharmaceutical company. A few days later they signed an 18-year contract for the rights to a solution similar to the one in Dr. Macy's Bottle. They will invest more than \$2,000,000.00 a year in it from now on.

To gain a working conception of what colloidal chemistry is, consider that living tissues and organs are simply great masses of cells- billions of them. The energy, the very life-force of these cells, is obtained from certain minerals and metals, among them iron, iodine, manganese, copper. There are some 32, with traces of as many others, in the human body. Colloidal chemistry is the science which converts those elements into particles so minute that they can be utilized by living cells.

Normally, nature supplies the cells with these elements in their colloidal form. Science has now learned to produce these colloids in the laboratory. "Lately, life has been prolonged by colloid action," says Dr. Macy, "and better knowledge of the subject will certainly result in prolonging the normal term of existence." In the case of the apparently dead orchid, copper in colloidal form was needed to restore the proper balance of the mineral and metals that comprised the life cells of the flower. Once that balance was restored, the cells began to function and the orchid lived again.

In the Colloidal Laboratories of America they have a motion picture which is as weird as any thing ever shown on a screen- a movie of a headache. The actors are the nerves in a human head, magnified millions of times. You see the headache. Those nerve endings are tangled, twisting, writhing. Then you see the colloids enter. These rescuers, smaller than the blood corpuscles themselves, march straight to the spot where there is an unbalance of the vital metals. You see those laboratory-prepared colloids restore normalcy there at the seat of the trouble. Then you see the nerves cease their twisting, relax, and assume their proper position.

Dr. Steinmetz, the wizard of electricity, devised a method of utilizing colloids in the treatment of sinus trouble. The Bide-a-Wee Home, New York's famous hospital for cats and dogs, can cure mange in three days, where it used to take three months. A large Midwestern city was freed from the scourge of goiter when colloidal iodine was added to the water supply. A famous institution for the treatment of alcoholism is experimenting with a colloidal solution which apparently not only overcomes the effects of excessive drinking but removes

the craving as well. Such treatment consists of the introduction of metals-gold and iodine, in the case of alcoholism-which correct the unbalance caused by alcoholic poisons.

The effect of colloids is explainable in part by electric action. Sick and dead and broken down cells are attracted to the colloids by Electro-magnetic force, as iron filings are attracted to a magnet. The colloids carry those decayed or poisonous substances into the blood stream, and they are eliminated, the system meanwhile adapting what it needs of the colloids.

A simple illustration will suggest the immense powers that are being unsealed. Suppose we have a cube of iron measuring an inch on each edge. The total surface would be six square inches. The electrical charge is on the surface; therefore, the greater the surface the greater the charge; and if we divide the cube of iron into smaller pieces we increase the surface areas. By colloidal chemistry that iron cube can be divided into particles so minute that they are invisible, hence instead of six square inches of surface emanating electric energy, we have something like 127 acres.

In colloidal form iodine, for example, is one of the elements essential to the well-being of human cells. Yet if you should drink as much as two or three grains of free iodine, it would kill you. Dr. Macy, when explaining this, held up an eight ounce cup full of colloidal iodine. "There," he said, "is the equivalent of 740 grains of free iodine -- enough to kill 300 men." And he drank it. In that form iodine is not only harmless but beneficial. The same is true of arsenic and other deadly poisons.

Colloidal Chemistry was evolved by David Graham, a British chemist, 50 years ago, but only recently has it been realized even by scientists what an enormous influence it is destined to have in medicine, agriculture, industry.

"We have television now," one of the world's greatest scholars said recently. "There is, as I see it, just one great development left for our time. That is in the understanding of colloidal metals. It is the 'Fourth Estate of Matter,' the other three being land, water, and air."

Says Dr. Macy: "The study of these phenomena constitutes the road to the ultimate in human knowledge.

[Back to Foundations of Health](#)

Recommended Reading

Colloidal Soil & Colloidal Minerals.

Hunza Land by A.E. Banik

The Soil that Feeds You by F.E. Bear

Chemistry of the Soil by F.E. Bear

Mineral Nutrition of Plants by E. Epstein

Economic Geology by W.G. Fetzner

Geochemistry of Sediments by E.T. Degens

The Complete Book of Minerals for Health by Rodale

Factors of Soil Formation by H. Jenny

Minerals in Soil Environments by J.B. Dixon & S.B. Weed

Trace Elements in Human and Animal Nutrition by W. Metz ed.

New Essential Trace Elements for the Life Sciences by F.H. Nielson

Humic Substances 3, Interactions with Metals, Minerals and Organic Chemicals by N. Senesi & C. Steelink

Hunza Health Secrets by R. Taylor

Hunza: Adventures in a Land of Paradise by John Tobe

Secrets of the Soil by Peter Tompkins and Christopher Bird

Secret life of Plants by Peter Tompkins and Christopher Bird

Soil Science Society America Journal, Spec. Publ. #17, Degradation of Soil Minerals by Organic Acids by K.H. Tan & H. Kim

The Chemistry of Clay-Organic Reactions by B.K.G. Theng

Trace Elements in Human and Animal Nutrition by E.J. Underwood

Geochemistry of Colloid Systems by S. Yariv & H. Cross

Rare Earths, Forbidden Cures by Dr. Joel Wallach

Let's Play Doctor by Dr. Joel Wallach

Organic Soil Conditioning by William Jackson, Ph.D.

The Importance and Effect of Rock Dust in Orchards and Gardens by Fritz Leipold

Remineralization Trials: Minplus and Bananas, A Cost Benefit Study by T.D. Edwards

Soil Rejuvenation with Crushed Basalt in Mauritius by D. Hotman de Villiers

Azomite Rock Dust as a Cure for Citrus Blight Disease by J.F.L. Childs

Dusting Chickpea with Fine Rock Powder: Effects on Yield and Damage Caused by *Helicoverpa armigera* by M.P. Pimbrt and C.P. Srivastava

Pot Test Trial 1 of Basalt, Serpentine, Feldspar, Dolomite and Bentonite by Dr. Gemot Graefe, Austrian Academy of Sciences

Pot Test Trial 2 of Basalt, Serpentine, Potassium and Kaolin Clay by Dr. Graefe

Rock Fertilizers: A Chance for West Africa's Food Production by Dr. Gunter Matheis

The Use of Ground Rocks in Laterite Systems: An Improvement to the Use of Conventional Soluble Fertilizers by O.H. Leonardos, W.S. Fyfe and B.I. Kronberg

Silicate Dusts as Natural Fertilizers by Peter von Fragstein

Organic Extracts for the Treatment of Rock Powder Fertilizers in Bio. Agriculture by P. von Fragstein and H. Vogtmann

The Weathering Properties of Silicate Rock Dust Under Laboratory Conditions by P. von Fragstein and H. Vogtmann (German with English Summation)

Silicate Rock Powders: Qualitative and Quantitative Aspects by P. von Fragstein, W. Pertl and H. Vogtmann

Fertilizing with Rocks by Stephen Strauss

Agricultural Alchemy: Stones into Bread by Ward Chesworth, Felipe Macias-Vazquez, D. Acquaye and E. Thompson

Late Cenozoic Geology and the Second Oldest Profession by Ward Chesworth

Mulch Farming in the Canary Islands by E. Fernandez Caladas and M.K. Tejedor Salquero

The Use of Rock Flour in Agriculture: A literature Survey on Granites, Feldspars, Micas and Basalts by Eliot Coleman

Preliminary Results for the Soil Remineralization Forestry Trials on Grandfather Mountain in North Carolina by Dr. Robert Bruck, Ph.D.

An Interview with Dr. Robert Bruck, Ph.D., Director of the Environment for North Carolina on the State of the Appalachian Forests and Remineralization by Joanna Campe

Soil Improvement: The Step Beyond Conservation, Men of the Trees Remineralization Trials by Barrie Oldfield

Information for the Application of Silicate Rock Dust for the Amelioration of Forest Soils by U. Sauter and K. Foerst (German with English Summary)

The Effects of Basalt Dust Emissions on Spruce Trees at the Basalt Quarry Albert, Huhnerburg in Comparison to Spruce Trees outside the Range of Emissions by Fritz Leipold

**Applications of Diabase Rock Dust in Brixlegg Forest by George Abermann
Compensational Fertilization with Silicate Rock Dust for Buffering Damaged Forest Soil by Ulrich Hahn (German with English summary)**

Effects of Silicate Rock Dust in Forests by Ulrich Hahn

Possibilities for the Development of the Wood and Forestry Economy that include Remineralization in Germany by Edgar Gartner, Research Group Productivity Development

Forest Fertilization; A Bibliography with Abstracts on the Use of Fertilizers and Soil Amendments in Forestry by Donald P. White and Albert L. Leaf eds.

Back to Foundations of Health

Soil and Health Support Solutions

Colloidal Minerals

The Original Formula

Foundation of Health: Colloidal Soil and Minerals

Minerals in Soil and Diet: Creation, Content, Effect and History,

Symptoms of Health: 'Symptomatology' Questionnaire

Includes 1,110 questions & 83 subject sections.

MISSION OF THIS WEB-SITE

To teach about the fact that our soil is the only source of physical life for mankind.

Our bodies are made of elements from the soil and are dependent upon having all of these elements in order to continue living. If any element is missing then there will be a price to pay in lack of complete health. In fact death can and does result from such missing elements. We are totally dependent for our very lives on what our soil contains.

It is our mission to help identify these missing elements through analysis of symptoms in the body, plants and the soil. We then make these elements available both retail and wholesale for those who choose to address these needs.

In conjunction with a complete food and supplement diet Colloidal Soil, Colloidal Minerals and Colloidal Clay are capable of restoring vitality

to humans.

We invite you to share in the benefits of Colloidal Soil and Colloidal Minerals for your own health and that of others.

Visit the three areas of our web-site for information, analysis and design of your own nutritional program.

Thank you for visiting.

Moriyah

Send Your Comments Directly to Moriyah via e-mail

moriyah@camalott.com

Symptoms of Health:

Questionnaire of Symptomatology

1,110 Questions & 83 Subject Sections

Identifying your symptoms of Health. Self-administered or Professionally administered.

83 Subject Section Reports and Recommendations:

Order this for self evaluation of the Symptomatology Questionnaire.

[Back to Home Page](#)



organic planets

Symptoms of Health

'Symptomatology' Questionnaire

Nutritional Assessment by Reading Body Symptoms

Let your body tell you what it needs.....

Air, Water, Minerals, Herbs, Food, Sunshine, Exercise, Supplements

The doctor of the future will give no drugs but will interest his patient in the care of the human frame, in diet and in the cause and prevention of disease.

Thomas Edison

What is it?

83 sections totaling over 1,000 questions about common body symptoms. Each group of symptoms represents a deficiency, toxicity, imbalance or dysfunction.

What does it do?

Identifies specific symptoms of your body and relates them to possible causes which may then be addressed through dietary and /or environmental changes.

Why do I need it?

Our foods and diets are terribly deficient in numerous elements that our body requires for health. Any needed element that is lacking will leave a telltale symptom. Symptoms show what your body lacks and allow you to correct minor problems before they become serious.

By taking this test you may be able to identify what your body lacks and then add this ingredient to produce a healthier body.

How much does it cost?

\$125.00 for an electronic submission or \$175.00 for a paper submission. Free with years supply of Organic Planets 'Colloidal Minerals'.

What do I get?

A comprehensive report with indications and recommendations for changes in diet including food, water, herbs, supplements, exercise and lifestyle. Also included are individual reports on each section of concern.

How do I fill it out?

Follow the simple instructions after checking the agreement below.

When do I get my results?

Seven to ten days after we receive it you will get it back by Priority Mail or E-mail.

Read the following statement and then click Agree or Disagree.

This questionnaire is designed to assess bodily signs. These signs may relate to nutritional imbalance. Its sole purpose is to educate and to inform. It is not intended to diagnose disease conditions. If you suspect that you may have a medical problem, please seek competent medical care.

I state that I am not completing this questionnaire for medical or treatment procedures. I am completing this questionnaire for the purpose of learning more about the relationship between my diet and the symptoms of my body. Furthermore, I am seeking consultation on the subject of nutritional matters for the purpose of achieving greater general nutritional well-being that does not involve diagnosing, treatment, prognosticating, or prescribing of remedies for the treatment of any disease. It is understood that the administrator of this agreement and the accompanying questionnaire is not involved in any licensed or controlled act which may constitute the practice of medicine in this jurisdiction. I agree with this voluntarily and not under duress of any kind.

Agree Disagree

INSTRUCTIONS FOR COMPLETION

Download or print the complete questionnaire. Beside each question in the box provided enter a number (0,1,2 or 3) representing the severity of the symptoms. 0 = none, 1 = mild, 2 =

noticeable and consistent, 3 = constant and nagging. Do not worry over any question. If the answer is not obvious then go on to the next question. After completing each section total your numerical answers. Use this number to multiply the factor and write the total in the space provided. Upon completion of all 83 sections transfer your totals to the submission page. This submission page can be e-mailed by pushing submit or printed and then faxed or mailed. This form of analysis is recognized as highly accurate and revealing compared to many other forms of testing. This questionnaire was prepared with the assistance of the most up to date nutrition information available.

There are over 1,000 questions. Take it slowly. Maybe one hour, or a half hour at a time. It will take two to three hours total. Be honest and consistent throughout and the information will provide the foundation necessary for remarkable changes in your health. You had to work at getting unhealthy and it will take some work to reverse it.

A/1

1/ ___ overall body weakness

2/ ___ muscle aches

3/ ___ depression

4/ ___ dizziness

5/ ___ irritability

6/ ___ fatigue

7/ ___ memory loss

8/ ___ irrational behavior

9/ ___ chronic hostility

10/ ___ bacterial/viral/parasitic infection

11/ ___ circulation problems,

12/ ___ poor digestion

13/ ___ acid stomach

14/ ___ lowered immunity to colds/flu/infection

15/ ___ bronchial problems

16/ ___ tumors/deposit buildups

___ total multiplied by factor (3) =

B/2

1/ ___ acidic blood

2/ ___ alkaline blood

3/ ___ rapid metabolism

4/ ___ decreased blood flow

5/ ___ low urine output

6/ ___ colds

7/ ___ bladder infections

8/ ___ diarrhea

9/ ___ constipation

10/ ___ kidney infection

11/ ___ chronic or terminal illness

___ total x 4.5 =

C/3

1/ ___ degenerative disease

2/ ___ lowered immune system

3/ ___ loss of libido

4/ ___ infertility

5/ ___ birth defects

6/ ___ miscarriage

7/ ___ infant death

8/ ___ chronic/terminal disease

9/ ___ flu/colds/viruses

___ total x 5.5 =

D/4

1/ ___ brittle fingernails

2/ ___ pain in forearm or biceps

3/ ___ pain in legs or back

4/ ___ general muscle pains

5/ ___ intermittent and painful muscle cramps

6/ ___ cramps during sleep or exercise

7/ ___ brittle bones

8/ ___ soft bones

9/ ___ bone mass or density decrease

10/ ___ bone or joint pains

11/ ___ bone spurs

12/ ___ bones deformed or inadequate

13/ ___ tooth decay or pains

14/ ___ teeth crowded or poorly placed

15/ ___ gums receding or diseased

16/ ___ high blood pressure

17/ ___ nervousness or irritability

18/ ___ nervous tics or twitches

19/ ___ panic

20/ ___ sensitivity to noise

21/ ___ hyperactivity

22/ ___ insomnia

23/ ___ rickets

24/ ___ pica/cravings

25/ ___ skin rashes

26/ ___ heart palpitations

27/ ___ pre-menstrual syndrome/difficulties or excessive lengthy periods

28/ ___ impotence

___ total x 1.7 =

E/5

1/ ___ craving, or eating, ice/dirt/paint/

2/ ___ pale skin or palms of hand

3/ ___ fingernails very light/flat/concave

4/ ___ fingernails very thin/fragile/brittle

5/ ___ fragile bones

6/ ___ lack of endurance/stamina

7/ ___ anemia

8/ ___ inside of lower eyelid pale

9/ ___ appetite/weight loss

10/ ___ sore tongue

11/ ___ difficulty swallowing

12/ ___ heart palpitations

13/ ___ constipation

14/ ___ stomach upsets

15/ ___ poor memory

16/___ headaches

17/___ confusion

18/___ depression

19/___ dizziness

20/___ growth retardation

___ total x 2.5 =

F/6

1/ ___ fatigue

2/ ___ anxiety

3/ ___ chronic fatigue

4/ ___ intolerance of alcohol or sugar/severe mood swings

5/ ___ weak immune system

6/ ___ high cholesterol in blood

7/ ___ hardening of arteries

8/ ___ liver dysfunction

9/ ___ depressed growth rate

10/___ impotence

11/___ infertility

___ total x 4.5 =

G/7

1/ ___ impaired immunity

2/ ___ muscular weakness/enlargement or degeneration

3/ ___ fatigue/chronic fatigue

4/ ___ weak heart/heart attack

5/ ___ abnormal mucous production/Cystic fibrosis

6/ ___ growth retardation

7/ ___ premature aging

8/ ___ curvature of spine

9/ ___ brown liver spots

10/___ liver dysfunction/cirrhosis

11/___ Alzheimer's/memory loss/dysfunction

12/___ pre-menstrual syndrome

13/ ___ low birth weight

14/ ___ high infant mortality

15/ ___ sudden infant death syndrome

16/ ___ impotence

17/ ___ infertility

18/ ___ sterility

19/ ___ cataracts

20/ ___ cancer

___ total x 2.5 =

H/8

1/ ___ dry skin

2/ ___ unusual thirst

3/ ___ excess urine production

4/ ___ abnormal mucous production

5/ ___ high/low blood pressure

6/ ___ slow/rapid/irregular heartbeat/palpitations

7/ ___ constipation

8/ ___ mental weariness/apathy/indifference/depression

9/ ___ swelling of ankles or hands

10/ ___ muscle weakness

11/ ___ fatigue

12/ ___ paralysis

13/ ___ glucose intolerance/mood swings

14/ ___ acne

15/ ___ insomnia

16/ ___ asthma/respiratory problems,

17/ ___ arthritis

18/ ___ nervousness

19/ ___ growth retardation

20/ ___ cardiac/heart failure

21/ ___ receding gums

22/ ___ very sore or stiff muscles after exercise

___ total x 2.5 =

I/9

1/ ___ constipation

2/ ___ subnormal body temperature

3/ ___ stress

4/ ___ hyperactivity/restlessness/insomnia

5/ ___ disturbed behavior

6/ ___ nausea/dizziness/lightheaded

7/ ___ anxiety/confusion/disorientation/irritability

8/ ___ irritable nerves/muscles or nervous tics/twitches

9/ ___ muscle spasms/tremors/convulsions/seizures

10/___ muscular weakness

11/___ appetite/weight loss

12/___ migraine headaches with pre-menstrual syndrome

13/___ irregular heartbeat

14/___ high blood pressure

15/___ painful/cold hands or feet

16/___ calcification of small arteries

17/___ calcification of soft tissue

18/___ arthritis/painful joints

19/___ bone spurs

20/___ vomiting

21/___ asthma

22/___ birth defects

23/___ excessive body odors

24/___ mental depression/apathy

25/___ hypersensitive to noise

26/___ loose or sensitive teeth

27/___ receding gums

28/___ poor co-ordination

29/___ crave chocolate

___ total x 1.75 =

J/10

1/ ___ muscle in-coordination

2/ ___ prone to athletic injuries especially knees/elbows

- 3/ ___ muscle weakness
- 4/ ___ loss of ligament tone/strength
- 5/ ___ joint problems
- 6/ ___ carpal tunnel/repetitive motion syndrome
- 7/ ___ poor cartilage formation
- 8/ ___ calcium deposits
- 9/ ___ kidney or gallstones
- 10/ ___ asthma
- 11/ ___ hearing loss
- 12/ ___ memory loss
- 13/ ___ dizziness
- 14/ ___ convulsions
- 15/ ___ birth defects
- 16/ ___ still births
- 17/ ___ infertility
- 18/ ___ loss of libido
- 19/ ___ nervous degeneration

___ total x 2.75 =

K/11

- 1/ ___ hair/nails grow slowly
- 2/ ___ brittle nails
- 3/ ___ white spots on fingernails
- 4/ ___ cuts/wounds/sores heal slowly
- 5/ ___ get infections easily
- 6/ ___ loss of smell/taste
- 7/ ___ loss of weight/appetite
- 8/ ___ pica/cravings
- 9/ ___ acne
- 10/ ___ frizzy hair
- 11/ ___ asthma
- 12/ ___ candida
- 13/ ___ chronic fatigue
- 14/ ___ indigestion
- 15/ ___ hair loss

16/ ___ hernias

17/ ___ stretch marks

18/ ___ white coating on tongue

19/ ___ birth defects

20/ ___ delayed puberty

21/ ___ prostate problems

22/ ___ impotence

23/ ___ sterility

24/ ___ pre-menstrual syndrome

25/ ___ diarrhea

26/ ___ sleep disturbances

27/ ___ hyperactivity

28/ ___ poor immunity

29/ ___ liver dysfunction

30/ ___ low blood sugar

31/ ___ diabetic

32/ ___ degenerative disease

___ total x 1.6 =

L/12

1/ ___ dry hair

2/ ___ brittle nails

3/ ___ slow mental reactions

4/ ___ high cholesterol in blood

5/ ___ enlargement of thyroid gland/goiter

6/ ___ heart palpitations

7/ ___ irritability

8/ ___ overweight/obesity

9/ ___ poor metabolism

10/ ___ constipation

___ total x 5 =

M/13

1/ ___ hair loss

2/ ___ depressed growth

3/ ___ baldness

4/ ___ cancer

5/ ___ hearing loss

6/ ___ impotence

7/ ___ infertility

8/ ___ sterility

___ total x 6.5 =

N/14

1/ ___ degeneration of cartilage/tendons/ligaments

2/ ___ acne

3/ ___ poor collagen

4/ ___ sickle cell anemia

5/ ___ arthritis

6/ ___ lupus

___ total x 8.5 =

O/15

1/ ___ very low immunity

2/ ___ arthritis

3/ ___ bone loss

4/ ___ low energy

5/ ___ cancer

6/ ___ infertility

___ total x 8.5 =

P/16

1/ ___ low immunity

2/ ___ pernicious viruses

3/ ___ cancer

4/ ___ bacteria overgrowth

5/ ___ parasites

___ total x 10 =

Q/17

1/ ___ birth defects

2/ ___ impotence

3/ ___ infertility

4/ ___ depressed growth

5/ ___ slipped tendon

6/ ___ carpal tunnel/repetitive motion syndrome

___ total x 8.5 =

R/18

1/ ___ attention deficit disorder

2/ ___ behavior problems

3/ ___ hyperactivity

4/ ___ rage

5/ ___ depression

6/ ___ suicide

7/ ___ bipolar/mania

8/ ___ spouse/offspring abuse

9/ ___ reduced growth rate

10/ ___ infertility

11/ ___ reproductive failure

12/ ___ shortened life expectancy

___ total x 4.2 =

S/19

1/ ___ bone loss

2/ ___ uterine troubles

3/ ___ arthritis

4/ ___ receding gums

___ total x 12 =

T/20

1/ ___ obesity

2/ ___ depressed growth

3/ ___ hypoglycemia

4/ ___ infertility

5/ ___ chronic fatigue

6/ ___ cardiovascular disease

___ total x 8.5 =

U/21

1/ ___ loss of appetite/weight

2/ ___ fatigue/anemia

3/ ___ slow rate of growth

4/ ___ infertility

5/ ___ liver dysfunction

6/ ___ hair loss

7/ ___ skin sores

8/ ___ impaired respiration

9/ ___ permanent nervous disorders

___ total x .5.6 =

V/22

1/ ___ salt cravings/hunger

2/ ___ appetite/weight loss

3/ ___ confusion

4/ ___ crying/depression

5/ ___ dizziness

6/ ___ fatigue/weakness

7/ ___ headaches

8/ ___ low blood pressure

9/ ___ illusions/hallucinations

10/ ___ memory loss

11/ ___ weight loss

12/ ___ edema/swelling of brain

13/ ___ loss of taste

14/ ___ lethargy/apathy

15/ ___ muscle weakness/seizures/cramps

16/ ___ nausea/vomiting

___ total x 3 =

W/23

1/ ___ high blood pressure

2/ ___ stools dry/shrunken

3/ ___ excess fluid retention/edema

4/ ___ stomach ulcers

5/ ___ tremors/convulsions/seizures

6/ ___ irritability

7/ ___ excessive thirst

8/ ___ excessive urination

9/ ___ hyperactivity

10/ ___ appetite/weight loss

11/ ___ congestive heart failure

12/ ___ cognitive dysfunction

___ total x 4.5 =

X/24

1/ ___ dry/brittle hair/fingernails

2/ ___ poor skin

3/ ___ poor calcium utilization

4/ ___ long bone/skull deficiency

5/ ___ arterial wall

___ total x 10 =

Y/25

1/ ___ appetite/weight loss

2/ ___ anxiety

3/ ___ bone pain

4/ ___ fatigue/weakness

5/ ___ numbness

6/ ___ cravings

7/ ___ overweight

8/ ___ irregular breathing

9/ ___ decreased heart function

10/ ___ tremors/nervousness

11/ ___ irritability

___ total x 4.5 =

Z/26

1/ ___ depressed growth

2/ ___ anemia

3/ ___ skin irritations

4/ ___ poor blood production

5/ ___ delayed puberty

6/ ___ poor zinc absorption

7/ ___ iron/copper/zinc imbalance

8/ ___ depressed liver function

9/ ___ high newborn fatality

___ total x 5.5 =

AA/27

1/ ___ depressed growth

2/ ___ appetite loss

3/ ___ infertility

4/ ___ impaired reproduction

5/ ___ impotence

6/ ___ copper deficiency

___ total x 8.5 =

BB/28

1/ ___ aneurysms

2/ ___ arthritis

3/ ___ brittle hair

4/ ___ gray/white hair

5/ ___ hair loss

6/ ___ diarrhea

7/ ___ depression

8/ ___ liver cirrhosis/dysfunction

9/ ___ cerebral hemorrhage

10/ ___ fragile bones

11/ ___ learning disabilities

12/ ___ hernias

13/ ___ varicose veins

14/ ___ sagging tissue/skin/breasts

15/ ___ hypo/hyper thyroid

16/ ___ high blood cholesterol

17/ ___ reduced glucose tolerance

18/ ___ abnormal iron in liver

19/ ___ infertility

20/ ___ cardiovascular disease

___ total x 2.5 =

CC/29

1/ ___ abdominal/muscle pain

2/ ___ diarrhea

3/ ___ depression

4/ ___ nausea/vomiting

5/ ___ excessive hair loss

6/ ___ hyperactivity/irritability/nervousness

7/ ___ liver damage

8/ ___ joint pain

9/ ___ anemia

10/ ___ infertility

11/ ___ blood disorders

12/ ___ skeletal disorders

___ total x 4.5 =

DD/30

1/ ___ tooth decay

2/ ___ depressed growth

3/ ___ reduced red blood cells

___ total x 17 =

EE/31

1/ ___ calcification of tendons/ligaments

2/ ___ nervousness

3/ ___ degenerate heart/liver/kidneys

4/ ___ pitting of teeth

5/ ___ whitish/yellowish/brown mottling/discoloration of teeth

6/ ___ nausea/vomiting

7/ ___ pain/aching of bones/spine

8/ ___ weak gonads

9/ ___ weak adrenals

10/ ___ rare cancers

11/ ___ brain degeneration

12/ ___ depressed growth

13/ ___ mongolism

___ total x 4 =

FF/32

1/ ___ high blood pressure

2/ ___ shingles

3/ ___ hives

4/ ___ anemia

5/ ___ kidney disorders

6/ ___ adrenal disorder

7/ ___ bowel dysfunction

___ total x 7.5 =

GG/33

1/ ___ high or low blood pressure

2/ ___ anemia

3/ ___ emphysema

4/ ___ kidney disease

___ total x 12. =

HH/34

1/ ___ rough skin

2/ ___ excessive perspiration

3/ ___ loss of former taste or craving for meat

4/ ___ nausea/desire to vomit

5/ ___ poor or failing memory

6/ ___ potatos disagree

7/ ___ belching accompanied by headcolds

8/ ___ constipation with sever headaches

9/ ___ numbness/stiffness/loss of sensation in arms/legs

10/ ___ stitching/burning pain in head with dizziness and relieved by eating

11/ ___ spinal disorders

___ total x 4.5 =

II/35

1/ ___ dry eyes

2/ ___ eyelids dry/red/scaly

3/ ___ eye inflammations/discharge/mattering/eyelids swollen or pus laden

4/ ___ ulcerated cornea

5/ ___ poor night vision

6/ ___ eyes sensitive to glare/sunlight/bright lights

7/ ___ eyes adjust slowly from light to dark

8/ ___ susceptibility to infections especially respiratory

9/ ___ sinus problems

10/ ___ loss of smell

11/ ___ allergies

12/ ___ abscesses in ears/mouth/salivary glands

13/ ___ defective teeth/gums

14/ ___ insomnia

15/ ___ brittle hair

16/ ___ fatigue

17/ ___ weight loss

18/ ___ dry/rough/scaly skin

19/ ___ hard lumps on arms that don't go away

20/ ___ acne/pimples/blackheads

21/ ___ warts

22/ ___ kidney/bladder/urinary infections

23/ ___ retarded growth

24/ ___ birth defects

25/ ___ infertility

___ total x 2 =

JJ/36

1/ ___ abdominal pain

2/ ___ stomach upset

3/ ___ irritability

4/ ___ joint pain

5/ ___ nausea/vomiting

6/ ___ weight loss

7/ ___ itching

8/ ___ enlarged spleen

9/ ___ enlargement of the head from serous fluid accumulation

10/ ___ enlarged liver

11/ ___ lip condition

12/ ___ loss of hair

13/ ___ absence of menstruation

___ total x 4 =

KK/37

1/ ___ slow/rapid heartbeat

2/ ___ heart palpitations/gallop rhythm

3/ ___ enlarged heart

4/ ___ diastolic blood pressure over 90

5/ ___ forgetfulness/poor memory/short attention span

6/ ___ muscular weakness/tenderness/wasting

7/ ___ irritability/nervousness

8/ ___ feel depressed

9/ ___ fatigue

10/ ___ appetite/weight loss

11/ ___ numbness/tingling in hands/feet

12/ ___ loss of ankle/knee jerk reflexes

13/ ___ poor coordination

14/ ___ stiffness/swelling in ankles/feet/legs

15/ ___ cramping pains in legs

16/ ___ tenderness in calf muscles

17/ ___ constipation

18/ ___ impaired growth in children

19/ ___ confusion

20/ ___ sensitive to noise

21/ ___ senility

22/ ___ shortness/labor of breath

23/ ___ hypersensitive to pain

___ total x 2.2 =

LL/38

1/ ___ inflammation of mouth

2/ ___ dizziness

3/ ___ poor digestion

4/ ___ skin irritations

5/ ___ confusion

6/ ___ depression

7/ ___ growth retardation

8/ ___ intolerance of light

9/ ___ atrophy of pancreas

10/ ___ dry/pink eyes

11/ ___ cataracts

12/ ___ feels like sand on inside of eyelids

13/ ___ eyes red/itchy/burning

14/ ___ eyes sensitive to light, or, dimming/blurring of vision

15/ ___ red lines in whites of eyes

16/ ___ spots before eyes

17/ ___ cracks/sores in corners of mouth

18/ ___ shiny/sore/swollen tongue

19/ ___ reddish/purple colored tongue

20/ ___ lips red/white/scaly/swollen or chapped

21/ ___ oily hair

22/ ___ falling hair

23/ ___ abnormal hair loss

24/ ___ shrinking/disappearing upper lip

25/ ___ greasy/scaly skin around nose

___ total x 2 =

MM/39

1/ ___ whitish coated tongue

2/ ___ swollen tongue/red tips/sides

3/ ___ brilliant red/painful tongue

4/ ___ stomach/poor digestion

5/ ___ skin irritations/eruptions

6/ ___ nervous disorders

7/ ___ bad breath

8/ ___ muscle aches/weakness

9/ ___ tiredness/fatigue

10/ ___ insomnia

11/ ___ loss of appetite

12/ ___ nausea

13/ ___ confusion

14/ ___ depression/crying

15/ ___ headache

16/ ___ diarrhea

17/ ___ irritability/nervousness

18/ ___ limb pain

19/ ___ memory loss

20/ ___ no sense of humor

21/ ___ mental problems

22/ ___ anxiety

23/ ___ ulcers/canker sores in mouth

24/ ___ burning numbness in hands/feet

___ total x 2.2 =

NN/40

1/ ___ eye pupils large/dilated

2/ ___ blood sugar intolerance

3/ ___ occasional deep depression

4/ ___ irritability/nervousness

5/ ___ insomnia/sleeplessness

6/ ___ fatigue/tiredness/lack of energy

7/ ___ abdominal pain

8/ ___ vomiting

9/ ___ headaches

10/ ___ hair loss

11/ ___ kidney problems

12/ ___ diarrhea/constipation

13/ ___ numbness/tingling in hands/feet

14/ ___ joint pains

15/ ___ muscle spasms/cramps

16/ ___ rapid heartbeat with/without exertion

17/ ___ poor coordination

18/ ___ dizzy upon rising

19/ ___ burning sensation in hands/feet

20/ ___ skin irritations

21/ ___ infections

22/ ___ low blood pressure

___ total x 2. =

OO/41

1/ ___ depression

2/ ___ irritability/nervousness

3/ ___ dizziness

4/ ___ confusion

5/ ___ forget dreams

6/ ___ swelling of hands/feet/ankles

7/ ___ unable to close hands into tight/flat fist

8/ ___ soreness/tenderness/weakness of thumb muscles

9/ ___ greasy scaliness near nose/mouth/eyes

10/ ___ green tint to urine

11/ ___ muscle twitching

12/ ___ hyperactivity

13/ ___ poor coordination walking

14/ ___ nausea in pregnancy

15/ ___ acne during menstruation

16/ ___ appetite loss

17/ ___ hair loss

18/ ___ anemia

19/ ___ anorexia/nausea

20/ ___ arthritis

21/ ___ lip conditions

22/ ___ dry eyes

23/ ___ dizziness

24/ ___ fatigue

25/ ___ geographic tongue

26/ ___ impaired wound healing

27/ ___ seizures

28/ ___ stunted growth

29/ ___ muscle weakness

___ total x 1.8 =

PP/42

1/ ___ sore/beefy/red tongue

2/ ___ yellow tint to skin/pale complexion

3/ ___ numbness/soreness/tingling/weakness in hands of feet

4/ ___ jerking of limbs

5/ ___ memory loss

6/ ___ stammer

7/ ___ apathy

8/ ___ depression/irritability/moodiness

9/ ___ anemia

10/ ___ loss of appetite

11/ ___ confusion/disorientation/agitation

12/ ___ back pains

13/ ___ dizziness

14/ ___ dimmed vision

15/ ___ poor stomach digestion/low stomach acid

16/ ___ menstrual disturbances

17/ ___ growth failure in children

18/ ___ birth defects

19/ ___ speech difficulties

20/ ___ nervousness

21/ ___ nerve pain

22/ ___ fatigue

23/ ___ headaches

24/ ___ labored breathing

25/ ___ palpitations

26/ ___ psychosis

___ total x 2 =

QQ/43

1/ ___ appetite/weight loss

2/ ___ diabetes

3/ ___ skin shiny/dry/scaly/gray

4/ ___ purplish/red/swollen/painful tongue

5/ ___ pale/smooth tongue

6/ ___ nausea

7/ ___ muscular pain/weakness

8/ ___ mental depression

9/ ___ pale colored fingernails

10/ ___ sleeplessness

11/ ___ hair loss

12/ ___ irregular heartbeat

13/ ___ extreme weariness/exhaustion

___ total x 4 =

RR/44

1/ ___ eczema

2/ ___ high blood pressure

3/ ___ high cholesterol levels

4/ ___ bleeding ulcer

5/ ___ have difficulty losing weight

6/ ___ cirrhosis/fatty liver degeneration

7/ ___ kidney hemorrhaging

8/ ___ bleeding stomach ulcers

9/ ___ fat intolerance

10/ ___ growth problems

___ total x 5 =

SS/45

1/ ___ tongue red/shiny/smooth/painful

2/ ___ ulcers in mouth

3/ ___ red/swollen/bleeding gums

4/ ___ intestinal malabsorption

5/ ___ diarrhea

6/ ___ birth defects

7/ ___ heart palpitations

8/ ___ swelling of ankles

9/ ___ apathy/depression

10/ ___ lightheadedness/faintness

11/ ___ appetite/weight loss

12/ ___ graying hair

13/ ___ paranoia

14/ ___ excess/loss of skin color

15/ ___ anemia

16/ ___ irritable/agitated/brooding/self conscious

17/ ___ stomach ache/indigestion

18/ ___ memory loss

19/ ___ B-12 deficiency

20/ ___ retarded growth

___ total x 2.5 =

TT/46

1/ ___ depression

2/ ___ muscular weakness

3/ ___ appetite loss

4/ ___ skin bruises easily/black and blue marks

5/ ___ hemorrhages/ruptured blood vessels in eye

6/ ___ gums bleed easily

7/ ___ bluish/red/swollen/inflamed gums

8/ ___ loose teeth/loss of dental fillings

9/ ___ cuts/sores/wounds heal slowly

10/ ___ fleeting pains/tenderness in joints/legs

11/ ___ catch colds/flu/viruses/infections easily

12/ ___ listless/no endurance/tire easily

13/ ___ cuticles tear easily

14/ ___ excessive hair loss

15/ ___ restlessness/irritability

16/ ___ nosebleeds

17/ ___ broken capillaries/hemorrhages/little pink spots on skin

18/ ___ bloating/puffiness in face

19/ ___ anemia

20/ ___ fragile bones

___ total x 2.5 =

UU/47

1/ ___ nearsightedness

2/ ___ lack of vigor

3/ ___ insomnia

4/ ___ constipation/diarrhea

5/ ___ nervousness

6/ ___ muscular weakness/cramps

7/ ___ joint pains

8/ ___ bowlegs/knock knees

9/ ___ joint pains

10/ ___ bone softening

11/ ___ bone demineralized

12/ ___ lots of dental cavities

13/ ___ poor bone development

14/ ___ burning in mouth and throat

15/ ___ phosphorus retention in kidneys

___ total x .3.5 =

VV/48

1/ ___ calcification/calcium/magnesium deposits in tissue

2/ ___ malignant calcification

3/ ___ liver dysfunction

___ total x 16.7 =

WW/49

1/ ___ menstrual discomfort

2/ ___ low sex drive

3/ ___ impotence

4/ ___ sterility

5/ ___ miscarriages

6/ ___ hemolytic anemia

7/ ___ brittle/falling/dry hair

8/ ___ heart disease

9/ ___ muscular swelling/wasting

10/ ___ enlarged prostate

11/ ___ stomach aches

12/ ___ hair loss

13/ ___ skin irritations

14/ ___ walking problems

15/ ___ malabsorption

16/ ___ paralysis of nerves in the eyes

17/ ___ problems with nerves in the muscles

___ total x 3 =

XX/50

1/ ___ graying hair

2/ ___ anemia/weakness

3/ ___ fatigue/tiredness

4/ ___ headaches

5/ ___ irritability/nervousness

6/ ___ stomach aches/indigestion

7/ ___ constipation

8/ ___ skin irritations

9/ ___ low sex drive

10/ ___ eyes/skin sensitive to light/sun

11/ ___ loss of skin pigment/color

12/ ___ brownish nodules about the nose/ears

13/ ___ hardening/rigidity of the skin

___ total x 4 =

YY/51

1/ ___ rough/dry/flaking/scaly skin

2/ ___ acne

3/ ___ dry/brittle hair

4/ ___ wounds heal poorly

5/ ___ get infections easily

6/ ___ skin irritations

7/ ___ weak nails

8/ ___ hair loss

9/ ___ arthritis

10/ ___ endocrine gland atrophy/dysfunction

11/ ___ diarrhea

12/ ___ liver degeneration

13/ ___ gall stones

14/ ___ growth retardation

15/ ___ get colds/flu/viruses easily

16/ ___ infertility

17/ ___ kidney dysfunction

18/ ___ appetite/weight loss

19/ ___ abnormal mucus production

20/ ___ dandruff

21/ ___ varicose veins

___ total x 2.5

ZZ/52

1/ ___ hair loss

2/ ___ constipation

3/ ___ skin irritations

4/ ___ too much cholesterol

___ total x 13 =

AAA/53

1/ ___ hemorrhaging

2/ ___ prolonged blood clotting time

3/ ___ intestinal malabsorption

4/ ___ nose bleeding

5/ ___ miscarriages

6/ ___ diarrhea

7/ ___ cellular disease

8/ ___ bone loss

___ total x 6.5 =

BBB/54

1/ ___ bleed easily

2/ ___ bruise easily

3/ ___ muscle weakness

4/ ___ fatigue/anemia

5/ ___ appetite loss

6/ ___ swollen joints

7/ ___ wounds/fractures heal slowly

8/ ___ bleeding gums

9/ ___ infections

___ total x 5.75 =

CCC/55

1/ ___ poor oxygenation of cells

2/ ___ nervous disorders

3/ ___ poor protein metabolism

4/ ___ gland disorders

___ total x 13 =

DDD/56

1/ ___ fluid retention in hands/feet

2/ ___ nausea/dizziness

3/ ___ poor coordination

4/ ___ general weakness

5/ ___ anemia

6/ ___ cataracts

7/ ___ catch colds/flu/viruses/infections easily

8/ ___ cuticles tear easily

9/ ___ muscle wasting

10/ ___ premature aging

11/ ___ low hormone levels

___ total x 4.5 =

EEE/57

1/ ___ indigestion or sourness 2 to 3 hours after meal

2/ ___ abdominal bloating/distension

3/ ___ full/loggy feeling after heavy meal

4/ ___ loss of former taste/craving for meat

5/ ___ excessive gas/belching/burping after meals

6/ ___ heavy/tired after meals

7/ ___ constipation

8/ ___ burning in stomach

___ total x 6 =

FFF/58

1/ ___ stomach pain 5 to 6 hrs after eating/usually at night relieved by eating or drinking milk

2/ ___ pain aggravated by worry or tension

___ total x 25 =

GGG/59

1/ ___ diarrhea without apparent cause

2/ ___ mucous shreds in stool

3/ ___ more than three bowel movements per day

4/ ___ painful/hard bowel movements

5/ ___ thin/pencil shaped bowel movements

6/ ___ hemorrhoids/rectal fissures

7/ ___ alternating diarrhea/constipation

___ total x 7.5 =

HHH/60

1/ ___ fingers/toes go cold

2/ ___ arms/legs go to sleep

3/ ___ numbness/heaviness in arms/legs

4/ ___ hand cramps when writing

5/ ___ sharp diagonal crease in earlobe

6/ ___ tingling in lips/fingers

7/ ___ short walk causes cramping/pains in legs

8/ ___ memory loss

9/ ___ ankles swell in afternoon/evening

10/ ___ persistent/nagging cough

11/ ___ high blood pressure

12/ ___ urinate more than twice during night

13/ ___ breathlessness from slight exertion or with lying down

14/ ___ outer part of cornea has white ring under it

15/ ___ impotent/frigid

16/ ___ chest pain after physical exertion/emotional stress

___ total x 3 =

III/61

1/ ___ tremors of hands/feet

2/ ___ double vision

3/ ___ slurred speech

4/ ___ irritability/impatience

5/ ___ loss of stamina while laboring

6/ ___ easily lose temper/get upset

___ total x 8.5 =

JJJ/62

1/ ___ grip/muscles weak/light objects feel heavy

2/ ___ numbness/loss of sensation

3/ ___ objects fall from hands/reach in wrong place

4/ ___ muscles wasting in some particular part of body

___ total x 13.5 =

KKK/63

1/ ___ awake in morning not feeling rested

2/ ___ painful fatigue not helped by rest

3/ ___ dark/puffy circles under the eyes

4/ ___ spastic colon/colitis/irritable bowel

5/ ___ chronic/minor ailments off and on

6/ ___ high blood pressure

7/ ___ uncontrolled urination/bed wetting

8/ ___ enlargement of lymph glands in neck

9/ ___ people call me a hypochondriac

10/___ insomnia/sleeplessness

11/___ heavy sweating not from exercise

12/___ fluid retention

13/___ spasmodic/aching muscles

14/___ painful/stiff/swollen joints

15/___ depression/crying

16/___ sinus attacks

17/___ catch colds easily

18/___ hyperactivity

19/___ have had bronchitis/pneumonia

20/___ constipation/diarrhea

21/___ dramatic weight fluctuations

22/___ irritability

23/___ eczema/psoriasis/rashes/dermatitis

24/___ bladder infections

25/___ hay fever/sneezing attacks

26/___ dry/stuffy nose/tendency to pick

27/___ runny nose

28/___ bloating/puffiness in face

29/___ bronchial asthma

30/___ migraine headaches

___ total x 1.6 5 =

LLL/64

1/ ___ repeated use of antibiotics

2/ ___ regular use of birth control pills

3/ ___ cravings for sugar/bread/alcohol

4/ ___ sever reactions to odors of tobacco/perfume/chemicals

5/ ___ hypersensitivity to select foods

6/ ___ constipation/diarrhea

7/ ___ rectal itching

8/ ___ bladder infections

9/ ___ sore/coated tongue

10/___ general ill feeling

11/ ___ hives/psoriasis/skin rash

12/ ___ anxiety/depression

13/ ___ tiredness

14/ ___ feel spaced out

15/ ___ prostate problems

16/ ___ vaginal discharge/burning/itching

17/ ___ tumors in uterus

18/ ___ menstrual pain

___ total x 3 =

MMM/65

1/ ___ irritable if late/missing meal

2/ ___ irritable before breakfast

3/ ___ nervousness/shakes/headaches relieved by eating sweets

4/ ___ cravings for sweets/coffee/alcohol

5/ ___ asthmatic attacks

6/ ___ hungry soon after eating

7/ ___ cold hands or feet

8/ ___ wake up nights feeling hungry

___ total x 6 =

NNN/66

1/ ___ anxiety/nervousness tension

2/ ___ irritability/restlessness

3/ ___ depression

4/ ___ mood swings/emotional outbursts/crying spells

5/ ___ dizziness/fainting

6/ ___ headache

7/ ___ backache/cramps

8/ ___ insomnia

9/ ___ bloating/weight gain

10/ ___ forgetfulness/confusion

11/ ___ increased appetite

12/ ___ craving sweets

13/ ___ breast tenderness

14/ ___ swelling of hands/feet

15/ ___ pounding heart

___ total x 3.5 =

OOO/67

1/ ___ history of oral thrush

2/ ___ diarrhea/constipation/colic

3/ ___ food allergies

4/ ___ eczema

5/ ___ intestinal candidiasis

6/ ___ vaginal candidiasis

7/ ___ history of antibiotics

8/ ___ hyperactivity associated with food allergy/or digestive disturbances

9/ ___ bottle fed children

10/ ___ recurrent tonsillitis

11/ ___ E. Coli

12/ ___ bloating

13/ ___ lactose/milk intolerance

14/ ___ salmonellosis

15/ ___ high serum cholesterol

16/ ___ acne

17/ ___ shigellosis

18/ ___ poor calcium absorption

19/ ___ infections

20/ ___ tumors

21/ ___ cancer

22/ ___ bad breath

___ total x 2.4 =

PPP/68

1/ ___ diarrhea

2/ ___ abdominal pain

3/ ___ weight loss

4/ ___ anal itching

5/ ___ weakness

6/ ___ B-12 deficiency

7/ ___ pneumonia

8/ ___ jaundice

9/ ___ periodontal disease

10/ ___ hunger pains

11/ ___ appetite/weight loss

12/ ___ ear itching

___ total x 4.4 =

QQQ/69

1/ ___ constipation

2/ ___ cramps/aches/discomfort of abdomen

3/ ___ dizziness

4/ ___ anxiety/irritability

5/ ___ nervousness'/restlessness

6/ ___ lack of ambition/apathy/depression

7/ ___ hand tremors

8/ ___ poor coordination

9/ ___ convulsions/seizures

10/ ___ paralysis

11/ ___ catch colds/infections easily

12/ ___ vomiting

13/ ___ hyperactivity in children

14/ ___ sallow complexion/gray/green/yellow tint

___ total x 4 =

RRR/70

1/ ___ tremors/poor coordination

2/ ___ inflamed gums

3/ ___ loss of ability to speak

4/ ___ high blood pressure

5/ ___ tendency to diabetes

6/ ___ mental disturbances/personality changes

7/ ___ poor memory

8/ ___ depression/crying

9/ ___ metallic taste in mouth

10/ ___ loss of self confidence

11/ ___ food cravings

12/ ___ facial and back pain

13/ ___ loss of appetite

14/ ___ irritability

___ total x 3.8 =

SSS/71

1/ ___ excitement

2/ ___ confusion

3/ ___ depression

4/ ___ muscular twitching

5/ ___ abdominal cramps

6/ ___ spasmodic muscular contractions

7/ ___ heart palpitations

8/ ___ rapid breathing

___ total x 6 =

TTT/72

1/ ___ high blood pressure

2/ ___ irritability/restlessness/excitement

3/ ___ nausea/vomiting

4/ ___ convulsions

5/ ___ tremors

6/ ___ frequent urination

7/ ___ irregular heartbeat

8/ ___ ringing sound in ears/tinnitus

___ total x 6 =

UUU/73

1/ ___ eyes sensitive to bright lights/headlights/sunlight

2/ ___ tightness/lump in throat hurts when emotional

3/ ___ gooseflesh/cold sweats

4/ ___ high pitched/lost voice during stress/arguments/public appearances

5/ ___ easily shaken up/startled/heart pounds hard from unexpected noise

6/ ___ prefer being alone/uneasy when center of attention

7/ ___ blood pressure fluctuates/sometimes too low

8/ ___ blood pressure decreases when arising

9/ ___ sets high performance standards

10/ ___ avoids complaints

11/ ___ works off worries

12/ ___ allergies/skin rashes/dermatitis/hay fever/severe sneezing attacks/asthma

13/ ___ complete exhaustion under stress

14/ ___ inferiority complex

15/ ___ unusual craving for salt

16/ ___ perspire excessively

17/ ___ tend to be negative

18/ ___ unusual neck/head/shoulder tension

19/ ___ constipation

20/ ___ poor stamina

21/ ___ muscle weak/inflamed

22/ ___ low steroids

23/ ___ coarse/scanty hair

24/ ___ baldness

25/ ___ nails grooved/ridged

26/ ___ skin sallow

27/ ___ face pale

28/ ___ immature sex glands

29/ ___ convulsions

30/ ___ sugar craving

31/ ___ high potassium

32/ ___ low sodium

33/ ___ slow metabolic rate

34/ ___ low body temperature

35/ ___ secondary anemia

36/ ___ bladder/bowel weak

37/ ___ spasms of smooth muscles

38/ ___ low heart rate

39/ ___ chronically tired

40/ ___ recurrent sub acute illnesses

41/ ___ allergies

42/ ___ colds/viruses

43/ ___ hypoglycemia

44/ ___ delayed wound healing

45/ ___ yawning

___ total x 1.2 =

VVV/74

1/ ___ persistent high blood pressure

2/ ___ rapid pulse

3/ ___ puffy face

4/ ___ stronger than average physically

5/ ___ strong feelings/tend to blow up/dislike being crossed

6/ ___ women have excess hair on face/arms/legs

7/ ___ men have baldness/excess hair on arms/back

8/ ___ square muscular build

9/ ___ aggressive in business/sports

___ total x 6 =

WWW/75

1/ ___ pain on inside of left shoulder blade

2/ ___ pain on left side of abdomen

3/ ___ shingles on trunk of body

4/ ___ cold hands/feet

5/ ___ feel cold/sweaty

6/ ___ shakiness

7/ ___ slow healing wounds/cuts/abrasions

8/ ___ constant/intense thirst

9/ ___ urinate more than two liters daily

10/ ___ breath smells sweet/acetone

11/ ___ hands/feet tingle/burn/sharp jabs/numbness

12/ ___ vision failing

13/ ___ urine contains sugar

14/ ___ moody with marked ups/downs/elations/depressions/hyperactivity/laziness

15/ ___ vague complaints/relieved by eating but return more emphatic

16/ ___ cold sweats of hands even when warm

17/ ___ fainting/blacking out/convulsions

___ total x 3 =

XXX/76

1/ ___ cold hands/feet/all over

2/ ___ impotence/infertility

3/ ___ headaches on one side of head

4/ ___ excessive urination

5/ ___ left upper neck pain

6/ ___ left little finger pain

7/ ___ overweight below waist

8/ ___ overweight above waist

9/ ___ feel inadequate

10/ ___ mood swings

11/ ___ emotional not logical

12/ ___ abdominal fat

13/ ___ fluid swelling in ankles/fingers/feet/under eyes

___ total x 4 =

YYY/77

1/ ___ susceptible to flu/infections

2/ ___ swollen glands in armpit/groin/tonsil

3/ ___ feels puffy in throat

4/ ___ both sides of neck sore at shoulder

5/ ___ irregular heartbeat

6/ ___ many cavities

7/ ___ look old for age

___ total x 7.5 =

ZZZ/78

1/ ___ stiff muscles in morning

2/ ___ sitting too long leaves one stiff

3/ ___ heart flip flops

4/ ___ coughing/hoarseness/muscle cramps increase at night

5/ ___ nausea in morning

6/ ___ move slow in morning/faster in afternoon

7/ ___ motion sickness

8/ ___ dizzy when moving up or down or in morning

9/ ___ cold hands/feet

10/ ___ sensitivity to cold

11/ ___ hair dry/brittle/dull/no luster

12/ ___ flaky/dry/rough skin

13/ ___ sleeplessness/restlessness

14/ ___ memory poor

15/ ___ hypoglycemia

16/ ___ high cholesterol

17/ ___ constipation severe

18/ ___ crying breakdown

19/ ___ low sex drive

20/ ___ diets don't work/gain weight easily

21/ ___ difficulty concentrating

22/ ___ yellow tint to skin on hands or feet

23/ ___ clogged sinuses

24/ ___ low pulse rate

25/ ___ low body temperature/especially at night

26/ ___ recurrent infections

27/ ___ depression

28/ ___ headaches

29/ ___ puffiness of face/eyes

30/ ___ irritability/moodiness

31/ ___ food allergies/sensitivities

32/ ___ menstrual irregularity/excess flow/premenstrual syndrome

___ total x 1.65 =

AAAA/79

1/ ___ heartbeat above 90 at rest

2/ ___ heart palpitations

3/ ___ tongue protruding/quivers

4/ ___ hands shake/tremble

5/ ___ high energy followed by exhaustion

6/ ___ strong appetite fails to gain weight

7/ ___ erratic behavior/talk rapidly

8/ ___ protruding eyeballs

9/ ___ warm/fine/moist skin

10/ ___ irritability/nervousness/hyperactivity

11/ ___ insomnia

12/ ___ frequent bowel movements/diarrhea

14/ ___ excessive sweating without exercise

15/ ___ warm/flushed at room temperature

___ total x .3.5 =

BBBB/80 MEN

1/ ___ difficulty urinating/starting/burning

2/ ___ above associated with back or leg pains

3/ ___ urinate more than twice per night

4/ ___ prostate troubles

5/ ___ lost/diminished sex drive

___ total x 10 =

WOMEN

1/ ___ irregular/discomforting menstrual periods

2/ ___ menopausal symptoms/hot flashes/depression/nervousness

4/ ___ have had uterus/ovaries removed

5/ ___ lost/diminished sex drive

6/ ___ feel nervous/depressed before periods

7/ ___ sterility during childbearing years

___ total x 7.5 =

CCCC/81

1/ ___ burning sensation upon urinating

2/ ___ high diastolic blood pressure/above 90

3/ ___ lower back pains

4/ ___ eyes puffy

5/ ___ urinate more than twice per night

6/ ___ legs feel heavy

7/ ___ unable to control flow of urine/incontinence

8/ ___ anemia

9/ ___ joint pains

___ total x 6 =

DDDD/82

1/ ___ consistent gas/bloating

2/ ___ fats/grease/oils cause nausea/headaches

3/ ___ bloating/gas from onions/cabbage/cucumbers/radishes

4/ ___ stools clay/yellow color/foul odor

5/ ___ nose/forehead skin oily

6/ ___ constipation

7/ ___ bad breath/taste/excess body odor

___ total x 7.75 =

EEEE/83

1/ ___ acne

2/ ___ addictions/cravings (drugs,alcohol, caffeine, tobacco, candy)

3/ ___ adrenal exhaustion

4/ ___ allergies

5/ ___ anxiety

6/ ___ appendicitis

7/ ___ arthritis

8/ ___ asthma

9/ ___ behavior problems

10/ ___ binge eating

11/ ___ bloating

12/ ___ bone loss

13/ ___ cancer

14/ ___ candidiasis

15/ ___ cataracts

16/ ___ colitis

17/ ___ constipation

18/ ___ depression

19/ ___ dermatitis

20/ ___ diabetes

21/ ___ poor concentration

22/ ___ diverticulitis/diverticulosis

23/ ___ eczema

24/ ___ swelling//edema

25/ ___ uncontrolled emotions

26/ ___ gland dysfunction

27/ ___ fatigue

28/ ___ gout

29/ ___ heart disease//attacks

30/ ___ high blood cholesterol

31/ ___ high estrogen levels

32/ ___ high triglyceride levels

33/ ___ hormone problems

34/ ___ hyperactivity

35/ ___ hypertension

36/ ___ hypoglycemia/mood swings/energy fluctuations

37/ ___ impaired digestion of all foods

38/ ___ indigestion

39/ ___ indigestion

40/ ___ insomnia

41/ ___ kidney/gall stones

42/ ___ liver dysfunction

43/ ___ liver enlargement or fatty liver syndrome

44/ ___ low hde cholesterol

45/ ___ menstrual difficulties

46/ ___ mental illness

47/ ___ mood swings

48/ ___ muscle pain

49/ ___ nearsightedness

50/ ___ obesity

51/ ___ osteoporosis

52/ ___ overacidity

53/ ___ parasitic infections

54/ ___ premature aging/wrinkles

55/ ___ psoriasis

56/ ___ premenstrual syndrome

57/ ___ rheumatism

58/ ___ shortened life span

59/ ___ tooth decay

60/ ___ ulcers

61/ ___ yeast infections

62/ ___ weak immunity

63/ ___ strokes

64/ ___ bubonic plague

65/ ___ scurvy

66/ ___ high blood pressure

67/ ___ hemorrhoids

68/ ___ beri beri

69/ ___ pellagra

70/ ___ tuberculosis

71/ ___ hernias

72/ ___ bewitchment

73/ ___ schizophrenia

74/ ___ paranoia

75/ ___ catatonia

76/ ___ dementia

77/ ___ praecox

78/ ___ neuroses

79/ ___ psychoses

80/ ___ psychoneuroses

81/ ___ chronic urticaria

82/ ___ neurodermatitis

84/ ___ cephalagia

85/ ___ hemicrania

total x 0.6 =

~~86/ ___ paroxysmal tachycardia~~



[Go to Submission Page](#)



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Symptomatology Questionnaire Results

Consisting of 83 Reports

with Dietary Recommendations

Password Protected

A Vitamin - Deficiency	Iodine - Deficiency
A Vitamin - Toxicity	Iron - Deficiency
Adrenals - Underactive	K Vitamin - Deficiency
Adrenals - Overactive	Kidney/Bladder - Dysfunctions
Allergies - All kinds	Lead - Toxicity
Aluminum - Toxicity	Lithium - Deficiency
Arsenic - Deficiency	Liver/Gall Bladder - Dysfunctional
B 1 Thiamine - Deficiency	Magnesium - Deficiency
B 2 Riboflavin - Deficiency	Manganese - Deficiency
B 3 Niacin - Deficiency	Mercury - Toxicity
B 5 Pantothenic Acid - Deficiency	Minerals - Trace - Deficiency
B 6 Pyridoxine - Deficiency	Molybdenum - Deficiency
B 12 Cobalamin - Deficiency	Nervous Symptoms
B 15 Pangamic Acid - Deficiency	Neuromuscular
Biotin - Deficiency	Nicotine - Toxicity
Boron - Deficiency	Nickel - Deficiency
C Vitamin - Deficiency	Oxygen - Deficiency
Cadmium - Toxicity	P Vitamin Bioflavanoid - Deficiency
Caffeine - Toxicity	PABA - Deficiency
Calcium - Deficiency	Pancreas - Dysfunctional
Candidiasis - Overgrowth	Parasites - All kinds
Chlorine - Toxicity	Phosphorus - Deficiency
Choline - Deficiency	Pituitary Gland - Underactive
Chromium - Deficiency	Potassium - Deficiency
Circulation - Weak	Premenstrual Syndrom - All Symptoms

Cobalt - Deficiency	Protein - Deficiency
Colon - Congested	Selenium - Deficiency
Copper - Deficiency	Silicon - Deficiency
Copper - Toxicity	Sodium - Deficiency
D Vitamin - Deficiency	Sodium - Toxicity
D Vitamin - Toxicity	Stomach - Underactive
E Vitamin - Deficiency	Stomach - Overactive
EFA's - Essential Fatty Acid Deficiency	Sugar - Toxicity
Fluorine - Deficiency	Sulfur - Deficiency
Fluoride - Toxicity	Thymus - Dysfunctional
Folic Acid - Deficiency	Thyroid - Underactive
Germanium - Deficiency	Thyroid - Overactive
Gonads - Dysfunctional	Vanadium - Deficiency
Hypoglycemia	Water - Clean
Inositol - Deficiency	Zinc - Deficiency
Intestinal Flora - Lacking in Quantity and Variety	

[Back to Symptoms of Health](#)

Submission Page for

Symptomatology Questionnaire**[FrontPage Save Results Component]**

A/1____

B/2____

C/3____

D/4____

E/5____

F/6____

G/7 ____

H/8____

I/9____

J/10____

K/11 __

L/12__

M/13__

N/14__

O/15__

P/16__

Q/17__

R/18____

S/19__

T/20__

U/21__

V/22____

W/23__

X/24__

Y/25__

Z/26____

AA/27__

BB/28_

CC/29__

DD/30__

EE/31__

FF/32_

GG/33__

HH/34__

II/35 __

JJ/36__

KK/37__

LL/38__

MM/39__

NN/40_

OO/41__

PP/42__

QQ/43__

RR/44_

SS/45__

TT/46__

UU/47__

VV/48_

WW/49__

XX/50_

YY/51__

ZZ/52__

AAA/53_

BBB/54_

CCC/55_

DDD/56_

EEE/57__

FFF/58_

GGG/59_

HHH/60_

III/61__

JJJ/62__

KKK/63_

LLL/64_

MMM/65

NNN/66

OOO/67_

PPP/68__

QQQ/69_

RRR/70_

SSS/71__

TTT/72__

UUU/73_

VVV/74_

WWW/75

XXX/76_

YYY/77_

ZZZ/78__

AAAA/79

BBBB/80

CCCC/81

DDDD/82

EEEE/83

Personal History Form (Optional but Recommended))

Name

Sex F M Date

Occupation

Ethnic Background

Education

Marital Status: Single Married Divorced

Number of Members in Family Group

Present Weight

Height

Maximum weight

Age at maximum weight

Desired weight

Food dislikes

Food Preferences

Foods avoided for health reasons

Food Allergies

Food Cravings

Location where you eat meals: Brteakfast

Lunch

Dinner

How many meals per week eaten out?

Number of business or social meals per wk.

Number of meals eaten regularly:

Each weekday

Each weekend day

Number of snacks eaten:

Each weekday

Each weekend day

Where do your food supplies come from?

Store

Home Produced

Home Preserved

What food supplies are home produced and preserved?

Are facilities for cooking and storage adequate?

Oven Refrigerator Freezer Blender Juicer Food Grinder Range Top

Hot plate Electric Fry Pan Sprouter Dehydrator Vita Mix Water Filter Distiller

How many people do you cook for?

What percentage of your food is: Raw Fried Baked Boiled

Cups of coffee or tea per day with Sugar Cream Milk Plain Herbs

Soft Drinks Daily Weekends Diet Cola Reg. Cola Diet Other Reg. Other

Alcohol servings:Daily Beer Wine Liquor Wknds Beer Wine Liq

Your Beer/ Wine is? Bought Made Pasteurised

Daily servings of: Milk Butter Cream Salt Cheese /Yoghurt

Eggs Fatty Meats Lean Meats Fish Starch Fruits

Vegetables Desserts Sweets Chewing Gum Breath mints

Tobacco use daily Cigarettes Cigars Pipe Chewing Snuff Patch Herb

Have you been on any of these diets in the past year? Yes NO Weight loss Diabetic

Low Salt/Sodium Low Fat Low Carbohydrate High Protein High Fiber

Fruitarian Vegetarian Other

Your work Activity Level: Sedentary Light Work Moderately Heavy Heavy

Your Exercise Level: Never Light Moderate Heavy Frequency per week

Running Aerobics Weights Biking Machines Rebounder/Trampolines

Do you take Vitamin/Mineral supplements? Yes No

kinds dosage

kinds dosage

kinds dosage

kinds dosage

kinds dosage

kinds dosage

kinds dosage

kinds dosage

Do you take any medications?

kinds dosage

kinds dosage

kinds dosage

kinds dosage

kinds dosage

kinds dosage

kinds dosage

Body symptoms that you are most concerned about?

Date of onset of these symptoms?

Severity of symptoms?

Remission of symptoms? Yes No

Treatment for relief? Yes No What?

Changes due to treatment?

Patterns of weight gain or loss?

Is body weight 20 percent over, or under the ideal? Recent gain loss of weight?

Are any of these conditions present?

Injury Infection Burns Trauma Fever Chronic Illness Degenerative Disease Protein Calorie malnutrition Recent Surgery Excessive Bleeding Miscarriages Prostate Urinary problems

Recent Use of these?

Penicillin Antibiotics Sulfa Drugs Aspirin Codeine Morphine Antitoxins

Any of these recent events?

Death of Spouse Divorce Marital Separation Jail term Death of Close family member Personal Injury or Illness Marriage Fired from Work Marital Reconciliation Retirement Change

in Family Members Health Pregnancy Sex Difficulties Addition to Family Business
 Readjustment Change in Financial Status Death of a close friend Change in line of work Change in num.of
 marital arguments Mortgage or loan over \$10,000 Foreclosure of mortgage or loan Change in work
 duties Son or daughter leaving home Trouble with in-laws Outstanding personal achievemnet Spouse begins
 or stops work Start or finish school Change in living conditions Revision of personal habits Trouble
 with boss Change in work hours/conditions Change in school Change in residence Change in social
 activities Mortgage/ loan under \$10,000 Change in sleeping habits
 Change in number of family gatherings Change in eating habits Vacation Minor Violation of
 Law

Mail Address**City****State****Country****Code****Ship to Name****Phone****Address****City****State****Country****Code**

Credit/Debit Card #		Expiry Date		Write Special Instructions Above.
Card Type	Visa M/C Amex	Money Ord. \$		
Your E-mail ?		Your Fax		

Send in your results

Reset form for next person