

Emergency Survival 10 Commandments

1. **Stay in present time.** Don't get overwhelmed by fast changing events or motions. Automatic reactions can be good or bad. They are often based on fixed ideas. Fixed ideas if not appropriate to the present time situation can get in the way of doing the correct action. Staying in present time being fully aware of what is going on is mandatory in emergency survival situations.
2. **Observe the obvious.** Look for the simple obvious what is in front of you to observe. Do a careful full attention in present time observation. Remove fixed ideas from the equation. Fixed ideas on how to handle come in to staple down the confusion of the situation.
3. **Evaluation of importance:** Is there something (situation) going on that is more important to observe and be present for?
4. **Define the current situation:** What is the problem or situation that needs handling?
5. **Do your own analysis:** Keep your own counsel. Determine all of the options available for the situation definition. Share with others and get them to do the same.
6. **Evaluate all of the options:** The basic cycle of handling will be observe-decide-act. Careful observation and definition of the situation can lead to correct decisions of the best option for action.
7. **Bring order** to current environment. Don't do actions that add to the confusion that is currently going on. Put attention of those that can handle on to the proper actions that are need. Put others attention on what needs to be done.
8. **If needed** jump in and **bypass** others to get the vital actions done.
9. **Help others:** Help or get help for the injured or physically in trouble. Remove those that have gone insane from the environment. Calm those on the boarder of insanity and give them something simple to do.
10. **Look for out points.** Put attention on it to get it handled. Look for plus points and encourage and reward continued effort in that direction. If you bypassed those evolved, transfer reasonability and action back to individuals involved or someone else present. Back off and get others involved.